



Before entering the water

5 Simple Ways for a Reef Safe Lifestyle

1 Minimize the use of harmful chemicals



Hats



Long-sleeved
T-shirts



Pants



AVOID

Butylparaben
Oxybenzone
Octinoxate
4-methylbenzylidene camphor

2 Never stand, kick, or touch the coral



*Even the slightest physical damage
can kill corals or take decades to recover!*

3 Use Environmentally Friendly Cleaners



*Choose brands that use natural ingredients or
better yet, **make your own!***

*Everything that goes down the drain
eventually makes its way to the ocean.*



4 Curb your Carbon Footprint

*Elevated carbon dioxide levels contribute to warmer ocean
temperatures and increasingly acidic ocean water – **both**
of which can spell disaster for coral reefs.*

5 Reduce, Reuse, Recycle



*Cut your marine debris contribution by substituting
single-use plastics for reusable products and **setting**
up a home recycling system.*