

# REEF SAFE SUNSCREEN 101

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Every year, an estimated **4,000 to 6,000 TONS** of sunscreen end up on coral reefs. Reef Safe sun protection is good for you and good for our reefs!

## 1 CHOOSE PHYSICAL SUNSCREENS



**Titanium dioxide** & **zinc oxide** based sunscreens physically block the sun's rays, and don't contain harsh chemicals that harm coral reefs.

## 3 READ THE LABEL



Read the ingredients to make sure your sunscreen only contains the active ingredients **titanium dioxide** and / or **zinc oxide**, is **biodegradable** and **all natural**, and is **mineral-based**.

## 2 AVOID OXYBENZONE



Oxybenzone is a known endocrine disruptor and one of **the most toxic chemicals** to coral reefs.

## 4 DO AWAY WITH SPRAY



Spray sunscreens do not provide adequate skin coverage and there are concerns about inhalation. **Opt for lotions** or sticks instead.

## 5 COVER UP



The most 'reef safe' sun protection option is to avoid sunscreen & cover up with **UV t-shirts**, **long-sleeves**, **hats**, and **rashguards**.



BE REEF SAFE

